

Fasting

Matthew 6.16-18

I. A Warning Concerning Our _____

Apply: Making it obvious to others that I am fasting shows that I _____ prestige by wanting others to think that I am _____. Man's admiration will be my only _____.

II. The Right Way to _____

Apply: I fast with the motive of _____ the Lord and without a desire for _____.

III. A General _____ for Our Day

Apply: Every spiritual _____ that I do is driven by a desire to _____ someone. Am I trying to please _____ or myself?

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